

NEWSLETTER

The Hearing Association Hamilton And Districts Branch



Inside This Issue

This edition marks a time of change and progress for our organisation. We are delighted to welcome a new staff member to our team, while also bidding a fond farewell to our outgoing President and extending a warm welcome to our newly appointed President. This issue is packed with valuable information about the services we offer, as well as insightful updates on the exciting direction our organisation is heading. Don't miss out on all the latest news and developments.



NEWS UPDATES



MEMBERS



EVENTS & MORE

Meet Adél Hattingh – Our New Operations Manager



We are delighted to welcome Adél Hattingh to the team as our new Operations Manager. Adél brings a strong background in service management across the disability, mental health, and health and wellbeing sectors. Her dedication to community service is reflected in her active involvement in volunteer work, for which she has been recognised with both the Vibe Lifter and Safeguard Awards.

Adél is passionate about supporting vulnerable individuals, particularly the elderly and tamariki, and is committed to making a meaningful difference through her role. She looks forward to meeting and working with you all.

Heartfelt Farewell to Our President – Bob l'Anson



As we mark a new chapter in the life of our Association, we extend our deepest gratitude to Bob l'Anson, who is stepping down from his role as President. Bob has dedicated many years of unwavering service, leadership, and commitment to the growth and success of our organisation. His guidance and passion have helped shape who we are today, and his contributions have left a lasting legacy.

While Bob is handing over the President's role, we are pleased to share that he will remain an active and valued member of our committee. We thank Bob sincerely for his exceptional dedication and are grateful that his experience and insight will continue to benefit the Association in this next chapter.

Introducing Our New President – Phyll Holroyd



We are proud to welcome Phyll Holroyd as the newly elected President of our Association. Phyll has been an active and valued member of our committee, contributing her time, skills, and energy to support our work and community.

With a background in Human Resource Management and Public Relations, and a strong passion for community engagement, Phyll brings a wealth of experience from her ongoing volunteer work. Her commitment to making a positive difference and supporting people from all walks of life makes her a natural leader for this role.

We look forward to Phyll's leadership as we continue to grow and serve our members with purpose and heart.

OUR OFFICE HOURS HAVE CHANGED

Monday: 9:15am to 2:00pm
Tuesday: 9:15am to 2:00pm
Wednesday: 9:15am to 2:00pm
Thursday: 9:15am to 2:00pm
Friday: Closed



Available on the phone between 2:00pm and 5:00pm Monday to Thursday

Memberships Fee's

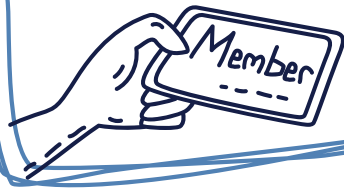
Membership Fee's are now overdue - if you have not yet paid please do. Your valued support helps us to continue doing the important work we do in our Community and for our Members

Membership fee \$35.00 a person \$50 per couple Student \$20.00

Bank details for online payment:

Hamilton Hearing, Westpac 03-1556-0065744-00

Please quote your surname & initials eg; Smith J S



Member perks



- Discounts with Audika
- Hearing aid checks and cleaning
- Send hearing aids off for servicing when needed
- Free advice to assist with your hearing aids
- Ear wax removal on Thursdays (by appointment only)
- Sales of assistive devices
- Rest home visits
- Community talks on hearing loss
- Educating children on protecting their hearing
- Get together's and events



Ear Microsuctioning / Wax Removal

Donnell Our Ear Nurse is in the Clinic on
Thursdays from 09:00am to 5:00pm
To book call 07 852 5725

Adults: \$55.00

Members: \$50.00

Children 18 and under \$45

ACC Funded Hearing Aids: \$20

Registered War Veteran Affairs: No Charge

Home/Rest Home Visits: Enquire

Need a Space?

Looking for a space to meet, work, or connect?

We offer flexible spaces at our premises for meetings, quiet work, or community gatherings—available weekdays, weekends, and after hours.

If you're interested, please contact our office and speak with Adél on 07 852 5725 or email us at hamhearing@xtra.co.nz.

SUPPORT OUR WORK

Support Our Mission with a Gift - Or leave a Lasting Legacy

As a valued member of our community, you play a vital role in helping us fulfill our mission. Your generosity has already made a meaningful impact—but if you're looking for a way to deepen your support, we invite you to consider making a donation or leaving a bequest to our organisation.

Make a Donation

Your contribution—no matter the size—helps us to maintain our services and continue to provide for the Deaf and Hard Of Hearing in our community.

To be a voice for the Deaf and Hard Of Hearing and provide unbiased support and understanding to enable them to enjoy a normal hearing life in our community.

To educate our younger generation on the importance of protecting your ears and your hearing.

One-time or recurring donations can be made easily and securely

Leave a Legacy

By including our organization in your will or estate plan, you ensure that your values live on and continue to make a difference for years to come. A bequest is a powerful way to leave a lasting impact, and it's easier to arrange than you might think.

Whether you choose to give today or plan for tomorrow, your support helps sustain and grow the work we do.

If you would like to discuss your options or learn more about how to make a bequest, please don't hesitate to contact us at the Hamilton Hearing Association.

Thank you for standing with us—and for believing in the future we're building together

ATTENDING THE HEARING NEW ZEALAND NATIONAL AGM & CONFERENCE

We were proud to represent our region at the recent National AGM and Conference hosted in Christchurch. The event was well attended by Hearing New Zealand's Member Associations, and it was an inspiring and energising opportunity to reconnect, share progress, and explore new ideas that are shaping the future of hearing health in Aotearoa.

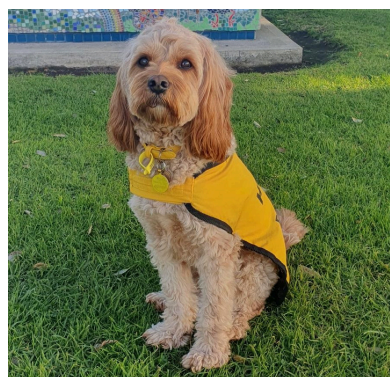
Voices That Matter: Highlights from the Conference

One of the standout moments of the conference was hearing from Linda Giltrap, who introduced us to her remarkable hearing assist dog, Maisie. Linda lives with profound hearing loss and relies on her cochlear implant, hearing aids, and Maisie to navigate life with confidence and dignity. She shared eye-opening stories about the challenges she faces in public — including being refused access to venues and the ongoing issue of people petting Maisie, which is strictly off-limits for service dogs.

Linda's advocacy reminds us that hearing loss is an invisible disability, and public awareness is key to building a more inclusive society. We wholeheartedly support Linda's mission and her efforts to champion accessibility and respect for the Deaf and hard of hearing community.



Linda Giltrap



Maisie

Innovations That Make a Difference

Our assistive device provider showcased a range of helpful tools — from vibrating alarm clocks to visual fire alarms. A highlight was a new baby monitor designed for parents with hearing loss — a great step forward in inclusive parenting.

The Sound of Inclusion

We heard from Tracy Hilliker, Associate Principal Acoustic Engineer at Acoustic Engineering Services, who spoke about designing inclusive sound environments. She shared insights from projects like the regional lounge at Christchurch Airport, praised for its quiet, clear acoustics, and the collaboration space at Rangi Ruru Girls' School, where thoughtful design enhances learning and performance.

Tracy holds a Mechanical Engineering degree with Honours from the University of Canterbury, is a MASNZ member, and represents ASNZ on the NZ-Australia Standards Committee for Community Noise. Her work shows how smart acoustic design supports accessibility.



Tracey Hilliker

Leadership & Advocacy in Action

At the AGM, Lisa Seerup was re-elected President of Hearing NZ. She highlighted key achievements:

Advocacy: Submissions on health reforms, meetings with government, and calls for better hearing aid access and public awareness.

Outreach: School and workplace presentations, free hearing support, and distribution of protective devices and batteries.

Partnerships: Strengthened ties with audiologists, Pacific health groups, ACC, and ministries.

Global Leadership: Hosted an international convention, promoting collaboration and knowledge-sharing.

Lisa also thanked volunteers, leaders, and member groups for their commitment to hearing health.

Looking Ahead - Our priorities for the coming year include:

Advocating for affordable, accessible hearing care
Reaching underserved groups including Māori, Pasifika, and rural communities
Supporting local branches to grow impact
Promoting hearing loss prevention at all ages

We're also modernising with updated governance, a refreshed strategy, and new national resources.



National AGM Member Associations

To all our supporters and community members — Thank you.

‘Your support helps us continue building a more inclusive, hearing-friendly Aotearoa.

PRODUCTS AND SERVICES

We sell Assistive Listening Devices, Over The Counter Hearing Aids, Batteries and Consumables and we can assist with Services and Repairs on Hearing Aids.

Smoke Alarms



Safety Lights



Phones



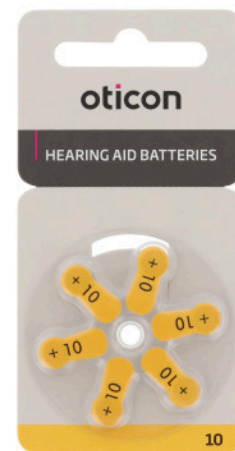
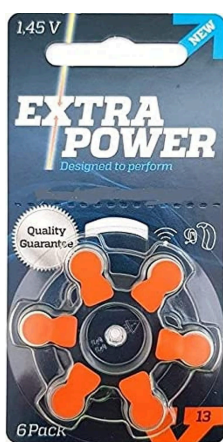
Over The Counter Hearing Aids



Batteries



Earmuffs for Children



Domes

Alarm Clocks



Filters



Oticon



Phonak



Resound



Starkey



Signia



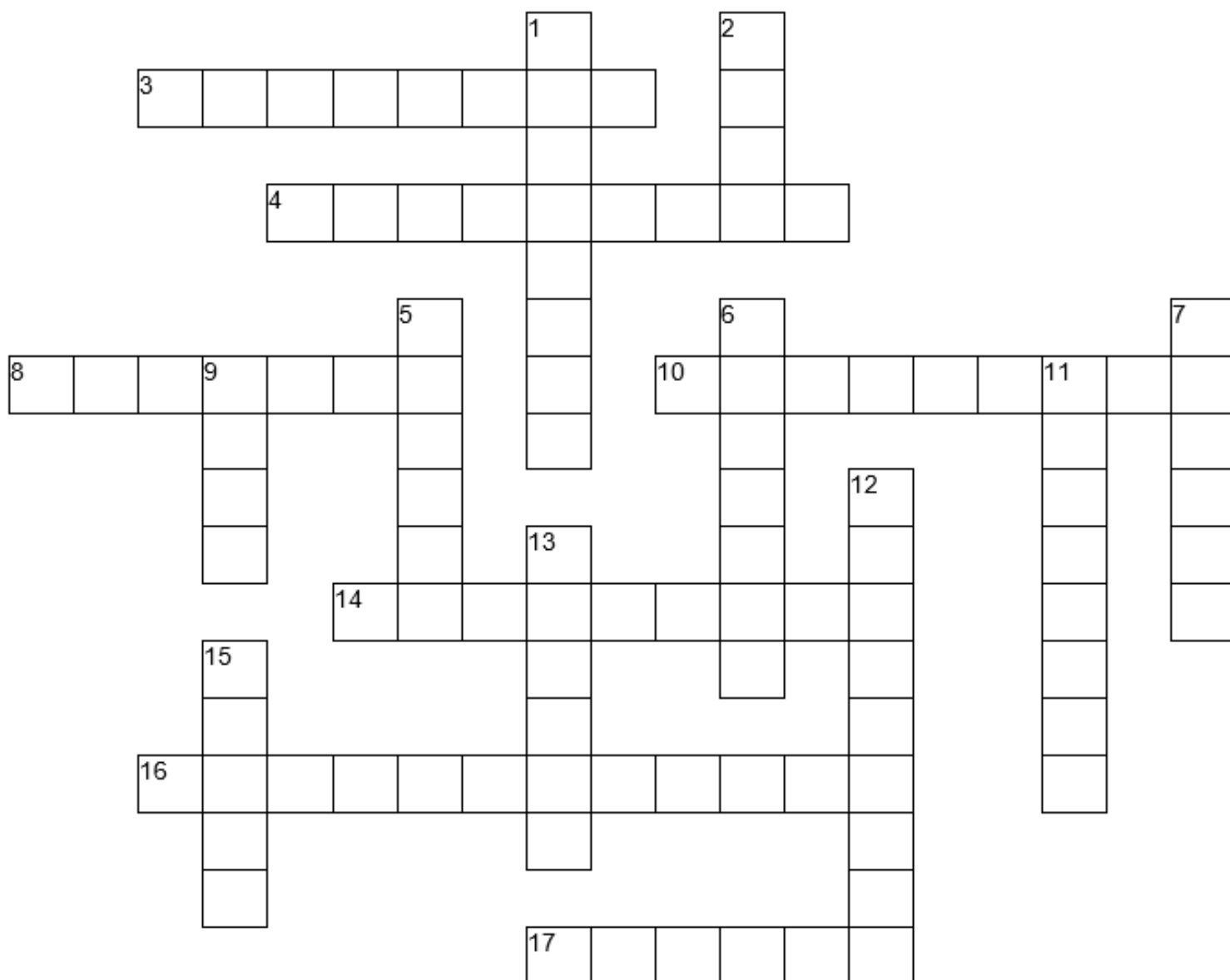
Unitron

Widex



Service
and
Repair

CROSSWORD



Across

3. sound is made when air does what
4. the height of the wave of sound
8. hairs in the ear are found in this
10. 110 dB 120 dB is measuring when what will happen
14. the loudness of sound is called its
16. the name for good hearing
17. sound carries what

Down

1. what is loudness measured in?
2. this type of music can damage hearing
5. what can't sound travel through
6. sound waves make your (what) vibrate
7. sound needs this to travel through thing
9. a high frequency has a (what) pitched note
11. this nerve carries signals to the outside of the ear
12. number of complete waves of sound that pass a point per second
13. sound travels much (what) than light
15. these people hear better than old people

WINTER RECIPE

Easy beef hotpot



Serves 5 - 6

Easy

Total time: 45 mins

Ready in 40-45 minutes

Stretch a pack of mince to make this hearty dish. It's perfect eaten straight from the bowl with a spoon and some crusty bread on a cold winter's night

Ingredients

2 onions
300g carrots
1kg potatoes
450g lean minced beef
2 beef stock cubes
400g can baked beans
splash of Worcestershire sauce
handful of roughly chopped parsley (optional)

Method

step 1

Cut each onion into eight wedges. Roughly chop the carrots and cut the potatoes into large chunks. Put the kettle on.

step 2

Heat a large non-stick pan, add the mince and fry quickly, stirring all the time, until evenly browned. Crumble in the stock cubes and mix well. Add the prepared vegetables, stir them around, then pour in 900ml/1½ pints of hot water from the kettle. Bring to the boil.

step 3

Reduce the heat, cover and simmer for 25-30 minutes, until the veg are tender. Stir in the baked beans and a generous splash of Worcestershire sauce and heat through. Taste and add salt and pepper if necessary.

step 4

Scatter over the parsley, then ladle the hotpot into bowls. Put the Worcestershire sauce bottle on the table in case anyone fancies a bit more spice.

Best served with Rice or Mashed Potato's

